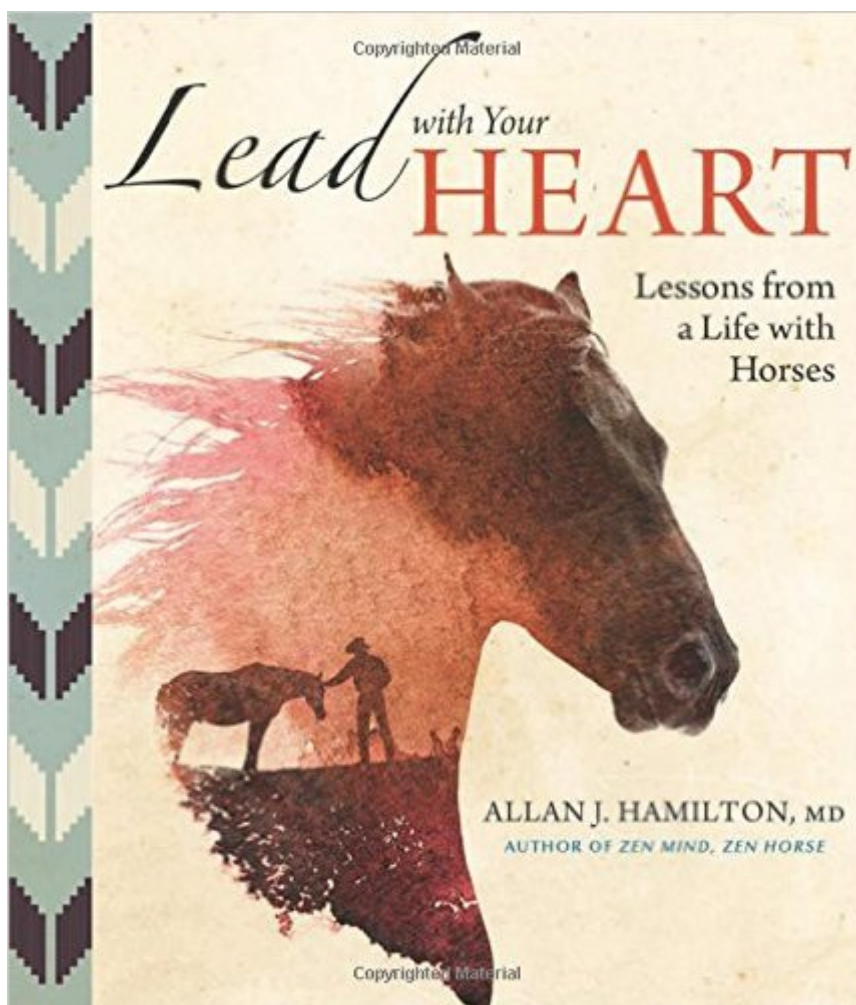


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# Lead With Your Heart . . . Lessons From A Life With Horses



## Synopsis

Award-winning author and celebrated neurosurgeon Allan J. Hamilton combines his understanding of the human brain with nearly 30 years' experience training horses to offer wisdom on such universal themes as leadership, motivation, ambition, and humility. The results are showcased in more than 100 thoughtful essays that treat working with horses as a metaphor for personal, professional, and spiritual growth. Whether you're searching for greater spiritual depth or simply want to better understand your four-legged partner, this wise and important collection has something for you.

## Book Information

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## Customer Reviews

I will give this book 4.5 stars. If you own a horse, spend time with horses, like horses, or have any interest in behavioral or energetic training principles, you will get something from this book. The ideas are nicely arranged and can be applied not only to horses but also to many human behaviors. Sprinkled between the main points are beautiful artworks and thought worthy quotes. Training or even enjoying time with horses is not quite like being with any other animal. They have a quiet energy and sensitivities of their own. Dr. Hamilton advises us that our mean training tool with horses is the mind. I found his methods both humane and sensible. I did receive a copy of this beautiful book via Netgalley for review purposes. I would like a hard copy for my library.

A horse-loving friend recommended this book to me knowing that I don't have much

interaction with horses. She does know, however, that I appreciate an inspiring book. That's exactly what Dr. Hamilton's book is - inspiring. Whether you're crazy about horses or prefer to appreciate them from a distance, the stories in this book will inspire you to be a better person. Dr. Hamilton shares the lessons he has learned from horses by putting those lessons in a greater context, one that applies to all of us. His personal anecdotes are engaging and the lessons he offers make you pause and consider how to become a better partner, parent, person - in other words, a better human being.

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